

Virtual Clinic

The College's virtual clinic is designed to help students develop personal and interpersonal (clinician and patient) skills in the professional practise of osteopathy. The clinical scenarios presented during each session of the clinic support students in acquiring and expanding clinical skills and integrating it with the academic knowledge presented at teaching weekends.

Topics covered include:

- Introduction to case history taking and recording details accurately.
- Introduction to a clinical presentation of patient with musculo-skeletal dysfunction with a focus on:
 - Lumbar spine
 - Pelvis and hip joint
 - Knee, ankle and foot
 - Cervical spine and TMJ
 - Thoracic spine and shoulder complex
 - Elbow and wrist joints
- Introduction to osteopathic biomechanical assessment in the context of the clinical scenarios.
- Demonstration of postural assessment.
 - Observation of patient/s posture from 3-D perspective.
 - Observation of the planes and axes of the body.
 - Consideration and reflection on the purpose of the 'anatomical position'.
 - Recording of simple postural observations.
- Introduction to relationship of postural findings with clinical presentations.
- Demonstration of spinal movement assessment
 - Observation of spinal movements assessments.
 - Use of correct terminology for movement in relation to body planes and axes.
 - Recording of spinal movement observation using correct terminology.
- Putting all the findings together!
 - Consideration of patient's symptoms in the context of his/her posture.
 - Consideration of patient's symptoms in the context of his/her spinal movements.
 - Consideration of specific examination in the context of patient's symptoms.
- Introduction to osteopathic treatment in the context of patient's presenting symptoms.