



# THE COLLEGE OF OSTEOPATHS

[www.collegeofosteopaths.ac.uk](http://www.collegeofosteopaths.ac.uk)



## Manual Lymphatic Drainage

This highly practical and hands-on one day course will cover the following topics:

- The Lymph System
- How Lymph Forms
- Route of Lymphatic Fluids
- Lymphatic Quadrants
- Lymphatic Drainage
- Various Lymphatic Drainage Techniques
- Contraindications
- Cervical Nodes
- Lymph of the Upper Extremity
- Paravertebral Lymphatics
- Inguinal Lymph nodes
- MLD Treatment Protocol

The programme is face-to-face and will be delivered from the North Staffordshire Medical Institute, Hartshill, Stoke-on-Trent.

- Maximum number of participants will be 10.
- The cost for the day will be £150, alumni will be charged only £120.
- Attendees will all receive a Certificate of Attendance.
- Tea, coffee and lunch will be provided.
- Car-parking fee is included in the price.
- Once you reserve your place, a small deposit of £20 will be required, which will be taken off the final cost of the CPD.

Please note if you cancel your booking within less than 48hours of the event, the deposit will not be returned.

**If you would like more details of the programme, or wish to reserve a place, please email: [cpd@collegeofosteopaths.ac.uk](mailto:cpd@collegeofosteopaths.ac.uk) and we will get back in touch with you.**