

## Our graduate Liam Enright has been talking to us about his time at The College of Osteopaths.

### **What were you doing when you applied to study at The College of Osteopaths?**

I was a part-time therapist and worked in football, as a professional masseur and soft tissue therapist. I was also a plasterer which helped fund the course.

### **How did you find out about the course?**

Looking at different courses because I wanted to step-up and I found the College on the internet. I didn't want to do physio, so chose osteopathy. I read AT Still autobiography and that swung it for me.

### **What motivated you to apply to The College?**

Wanting to step-up, having a better understanding of the human body, have a degree and become an Allied Health Professional. If I do a letter to the doctor, it has to be taken seriously.

### **How easy has it been for you to balance the demands of the course alongside your other commitments such as work and childcare?**

First and second year were ok, third year was harder, and something had to give. It became all consuming. Difficult to balance with family, but if it was easier, it wouldn't be worth doing.

### **What motivated you to keep going with the course if you were finding it difficult to manage?**

I'd had enough by the final year, but I wasn't about to let things disrupt me and not get to the end. I was not prepared to give up at the last hurdle, and I could see the light at the end of the tunnel.

### **Which parts of the course have you enjoyed the most?**

The learning process. I had worked in football and had my way of doing things. It took

me to another level that I had not imagined was there. Gave me tools that I didn't have, including tools for researching. It has given me tools to question.

**Which part of the course have you found most difficult?**

All of it was difficult. I was on holiday with my family and the kids were swimming and I would be reading D&D books. I remember hearing them say, "I'm not going to ask you to go to the park as you are always busy". Now, as a qualified osteopath I don't work weekends and have that time for the family.

**What are your plans for the future?**

I am hoping to start a MSc Sports Exercise and Medicine to compliment my BOst (Hons).